

# WORKING AT HEIGHTS

## Introduction

To give delegates an overall knowledge of the new working at heights regulations 2005 (WAHR). To organise and plan working at height, avoid risk from working at heights, select suitable work equipment to perform tasks, be aware of fragile surfaces and to perform inspections of work equipment.

## Learning Outcomes

- Background statistics
- Work at height regulations
- What Is working at height
- Organisation and planning working at height
- Risk assessment
- Select the right equipment
- Use of work equipment
- Use of ladders
- Examples of work
- Communication
- Emergency escape
- Reporting procedures

## Course Duration

Half Day      Max 6 Students

## Instructor

Approved Instructor

## Certification

Approved Certificate

